





The 20th century brought with it the winds of modernivtion, but not yet for women. But one lady freed herself from the four walls of her home and went on an epic solo adventure around the world. Lady Bloomsbury bought a one-way ticket on a steamer setting off for the other side of the world.

But she was not just a mere traveler. She played her part in breaking the shackles for women.

In 1913, she marched for women's voting rights in America. She climbed Mount Kilimanjaro in a skirt. During the First World War, she traveled to Europe to work as an undercover journalist on the front lines.

Decades later, her journal was found. Dog-eared, with pressed flowers from around the world, and smelling the spices of faraway lands. Lady Bloomsbury was a culinary adventurer too. Between her entries on travel were notes and recipes for the wonderful foods and cuisines of the world.

Bloomsbury's is a tribute to her adventures, culinary and beyond. A celebration of all the delights from around the world that she savored. May you taste her adventure in every bite.







BREAKFAST

SOURDOUGH WITH AVO

Eggsquisite Bites _____

DEL SOL EGGS WRAP (670 Cal.)

36 | 0 8 月

Scrambled eggs, cheddar cheese, beef bacon, avocado, jalapeño, sour cream, pico de gallo, sriracha mayo, served with fries.

TURKISH EGGS (414 Cal.)

seeds, hollandaise sauce.

Two poached eggs, smoky eggplant, chili garlic oil, cumin-roasted chickpeas, cherry tomatoes, baby spinach, served with toasted rye sourdough bread.

SOURDOUGH WITH (414 Cal.) AVO

36 | 0季即

Two poached eggs, grilled halloumi, rye sourdough bread, quacamole, Mediterranean sweet & sour pickle with olives, cherry tomatoes, pomegranate

BRIOCHE EGG BENEDICT (391 Cal.) 38 | O & a &

Toasted brioche bun, beef bacon, smoked turkey ham, sautéed mushrooms, cherry tomatoes, poached egg, served with parmesan snow & hollandaise sauce.

CHIFFLE & CROFFLE EGGS (400 Cal.) 38 | O & 🗇 **BENNY**

Freshly-baked croffle, home-made chicken sausage, roasted tomato chipotle sauce, folded scrambled eggs, basil oil, served with parmesan snow & hollandaise.

HARISSA SHAKSHUKA (406 Cal.) 42 | 0 8 1 WITH MERGUEZ SAUSAGE

Middle Eastern fragrant tomato sauce, harissa, beef merguez, poached egg, cherry tomatoes, scrambled feta cheese, served with babaganoush, mini pita bread.

GRANOLA PARFAIT (760 Cal.) 40 | & @ 0

Greek yogurt, mixed berries, granola bar, honey, coconut panna cotta, dragon fruit, passion fruit.

BIG BANGERS (460 Cal.)

Hot link sausage, beef bacon, potato wedges, fried egg, blood orange, mandarin orange, strawberries, Kalamata olives, served with sourdough cheese garlic toast.

EGGS YOUR WAY (640 Cal.)

36 | ○ # 🗐

(Three Eggs- Fried, boiled, poached, over easy, sunny side up, scrambled, omelette)

Served with toast, butter & jam, and choice of coffee or tea.

THE BIG BREAKFAST (1210 Cal.) 52 | O& 🖹 😘

Two Eggs to order, beef bacon, chicken sausage, baked beans, cold cuts, grilled mushrooms, grilled tomatoes, bread basket.

Served with your choice of coffee or tea.

NOT APPLICABLE for any discount on these items

CROISSANT CREATION

Creamy tuna (710 Cal.) 28 | 8 1 0

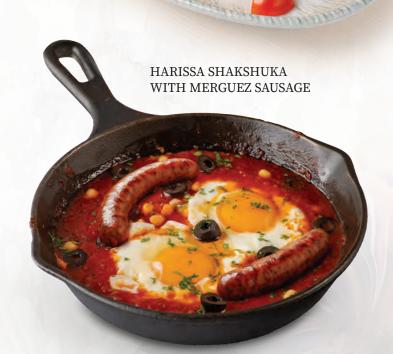
Turkey & cheese (430 Cal.) 28 | & A

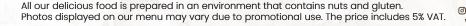
Wild mushroom

scrambled eggs (960 Cal.) 35 | O& 🖹 🕀



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PANCAKES & FRENCH TOAST.



Fresh berries, Biscoff sauce, lotus crumbles, coconut flakes, and vanilla ice cream.

BLUEBERRY PANCAKE (700 Cal.)

46 | 0 ₩ 🗐

Blueberry compote, fresh blueberries, ricotta mousse, ice cream, and fresh mint.

MIDNIGHT DARKNESS (1100 Cal.) 46 | ○ ♥ 🗒 Ø PANCAKE

Oreo pancake, Oreo crumble, ricotta mousse, chocolate sauce, and ice cream.

HAZELNUT WHIRL (365 Cal.) TOAST 46 | 0ኞ∄∅

Freshly baked hazelnut brioche bread, crunchy granola, fresh berries, blueberry compote, and vanilla cream sauce.

CRÈME BRULEE (336 Cal.)

36 | ○⊮∄

FRENCH TOAST

Slices of brioche bread, cinnamon French cream, caramel custard, and fresh berries.







KETO & VEGAN

KETO

PICADILLO BEEF (760 Cal.)

52 | 🗐 🕖 0

Ground wagyu, cheddar cheese, iceberg lettuce, pico de gallo, sour cream, and keto flaxseed almond wrap.

SOUTHWEST AVOCADO & 48 | □ Ø 0 CHICKEN WRAP (890 Cal.)

Grilled chicken breast, avocado slices, iceberg lettuce, cheddar cheese, bell peppers, sriracha sauce, and keto flaxseed almond wrap.

CHIPOTLE PRAWN & 48 | ♥
AVOCADO SALAD (600 Cal.)

Grilled shrimp, corn kernels, bell peppers, lettuce, avocado, kale leaves, coriander, and snow peas with lemon vinaigrette.

FRESH TURMERIC 48 | O CHICKEN SALAD (800 Cal.)

Chicken breast cooked in lemon zest and fresh turmeric, avocado, kale leaves, cucumber, lettuce, red radish, blueberry, coriander, and mint with strawberry dressing.

Sliced smoked brisket, roasted bell peppers, lettuce, cheddar cheese, cherry tomatoes, onion pickle, and coriander vinaigrette.

EGG N' CRESS (890 Cal.) 46 | ○ □ ② ○

Scrambled eggs, turkey bacon, avocado, iceberg lettuce, sour cream, and keto flaxseed almond wrap.

VEGAN_

VEGAN TOFU SALSA WRAP(580 Cal.) 46 | @@

Grilled tofu, bell peppers, onions, salsa, fresco, iceberg lettuce, and keto flasseed almond wrap.

PESTO ZOODLES SALAD (380 Cal.) 46 | @

Zucchini zoodles, Kenyan beans, broccoli, cherry tomato, mixed greens, pine nuts, and vegan pesto sauce.



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PESTO ZOODLES SALAD

SMOKED BRISKET SALAD







QUATTRO FRIES (1600 Cal.)

55 | ○#∄♡

Crispy fried chicken, smoked brisket, grilled shrimp, Italian sausage, French fries, sriracha mayo, cheese sauce, and crumbled Cheetos.

BARBACOA JACK FRUIT TACOS (398 Cal.) 36 | ○₩∄

D & 🗐

Chipotle-pulled jackfruit, roasted peppers, red onion, iceberg lettuce, fresh jalapeño, cheddar cheese, cilantro, and chipotle ranch.

MEXICAN CORN & BEAN 40 | NACHOS (400 Cal.)

Bean corn carne, corn tortillas, cheese sauce, fresh jalapeño, onion pickle, cilantro, and sour cream.

BAKED BEANS & (820 Cal.) 40 | ○ ● □ NACHOS

Baked beans, nachos, guacamole, pico de gallo, jalapenos, cheese sauce, sour cream and cilantro.

BUFFALO CHICKEN WINGS

6 PCS (640 Cal.)

38 | 🔭 🗏

Chicken wings, buffalo sauce, crudités, and ranch sauce.

CHICKEN TACOS (1250 Cal.) 44 | 0 &

Flour tortilla, grilled chicken, lettuce, pico de gallo, cheddar cheese, ranch, cilantro, and sriracha sauce.

WAGYU BEEF TACOS (790 Cal.) 46 | O # 🗐

Flour tortilla, wagyu beef, cheddar cheese, red cabbage pickle, barbecue sauce, and sriracha

MOZZARELLA FRITTI (820 Cal.) 36 | © # 🗐

Fried Mozzarella, Arabiata Sauce, Rocca Salad.

APPETIZERS MOZZARELLA FRITTI BUFFALO CHICKEN WINGS 6 PCS @ilovebloomsburys www.bloomsburys.ae

All our delicious food is prepared in an environment that contains nuts and gluten. Photos displayed on our menu may vary due to promotional use. The price includes 5% VAT.





SOUPS & SALADS

SOUPS

CREAM OF MUSHROOM (520 Cal.)

Roasted Mushrooms, Thyme, Cream & Focaccia Bread.

CREAMY TOMATO SOUP (217 Cal.) 26 | # 🗐 🕆

Tangy tomatoes blended with spices and herbs, served with focaccia bread.

CREAM OF BROCCOLI (440 Cal.) 26 8 🗒

Fresh broccoli, heavy cream, onion, garlic, thyme, served with focaccia bread.

> BEETROOT TABBOULEH WITH ZA'ATAR CHICKEN



SALADS

CLASSIC CAESAR SALAD (1120 Cal.)

Romaine lettuce, grilled chicken breast, garlic croutons, boiled egg, Parmesan cheese, and creamy Caesar dressing.

BUTTERNUT SQUASH SALAD (630 Cal.) 42 | 🗐

Grilled chicken and butternut squash, mixed greens, roasted pumpkin, feta cheese, avocado, pickled beet, pomegranate, and honey yogurt dressing.

THE SUPER ROASTED (610 Cal.) **VEGGIE BOWL**

38 | 🗐 ව

Roasted butternut, broccoli, cauliflower, zucchini, roasted chickpeas, cherry tomato, puy lentils, and feta cheese.

BERRY SPRING & GRILLED (960 Cal.) CHICKEN SALAD

Grilled chicken, deep-fried halloumi, mixed greens, avocado, blackberries, cucumber, and blackberry balsamic dressing.

BEETROOT TABBOULEH (610 Cal.) 46 30 WITH ZA'ATAR CHICKEN

Za'atar chicken, beetroot, tomato, parsley, pomegranate, edamame, feta cheese, and lemon dressing.

FENNEL CHICKEN SALAD (660 Cal.) 48 | 🗇

Braised fennel, roasted broccoli, grilled chicken breast, sweet corn, pomegranate, feta cheese, and orange vinaigrette.

LENTIL GINGER SHRIMP (470 Cal.) **46** | Ø ව SALAD

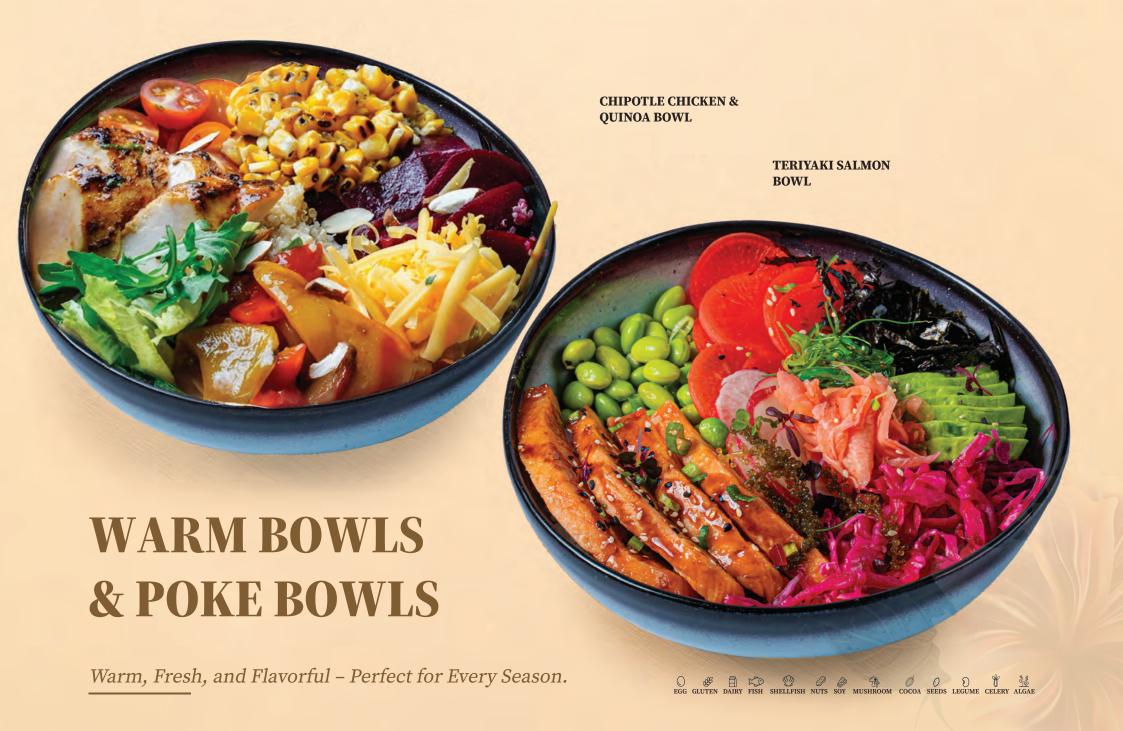
Grilled shrimp, roasted chickpeas and cauliflower, cherry tomato, lentil ginger, braised fennel, and orange vinaigrette.



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FENNEL. CHICKEN SALAD





WARM BOWLS & POKE BOWLS

WARM BOWLS

NORWEGIAN SALMON & QUINOA BOWL (930 Cal.)

52 | 🗯 0

Pan-seared salmon, green apple, mixed greens, kale, avocado, edamame, cucumber, sunflower seeds, pumpkin seeds, chia seeds, quinoa, and lemon herb dressing.

Chipotle-spiced chicken, tomato, corn kernels, cilantro, lemon, olive oil, quinoa, roasted pumpkin, black beans, cheddar, and balsamic dressing.

POKE BOWLS

TERIYAKI SALMON BOWL (439 Cal.) 52 | 🖒 🦠 ()

Salmon cooked in teriyaki sauce, jasmine rice, edamame, red cabbage, pickled daikon, avocado, spring onion, red radish, chuka wakame, nori seaweed, sesame seeds, and sriracha mayo.

TUNA BOWL (444 Cal.)

52 | 🗢 🙉 🖫

Seared yellowfin tuna, jasmine rice, mango, spring onion, carrot, cucumber, ginger pickle, cherry tomato, thin jalapenos, salted sea grapes, and soya ginger sauce.

CHICKEN KATSU BOWL (579 Cal.) 48 | 🖒 🖯 🖫 🔗

Fried chicken breast, jasmine rice, pickled ginger, nori crisps, edamame, mango, kimchi, cucumber, bonito flakes, and katsu sauce.







SANDWICHES & BURGERS

PHILLY BRISKET SANDWICH (750 Cal.) 52 | O& = 3

Smoked beef brisket, mushrooms, bell peppers, onions, cheddar, pickles, cheese sauce, and herb mayo.

THE CLUB (1080 Cal.) 48 | 0 &

White bread, lettuce, tomato, grilled chicken breast, beef bacon, avocado, egg, sundried tomato pesto, cheddar cheese, basil pesto, and herb mayo.

SRIRACHA CHICKEN WRAP (900 Cal.) 44 | ©# 🖹

Spiced chicken, American cheddar cheese, jalapeño, bell peppers, Sriracha mayo, flour tortilla.

JACKFRUIT CARNITAS WRAP(525 Cal.) 36 | & 🖺

Mexican-style pulled jackfruit, cheddar cheese, bell peppers, red onion, pineapple tropical slaw, chipotle sauce, flour tortilla.

HONEY MUSTARD CHICKEN (1650 Cal.) 44 | ◎ ☞ 🖹 0 PANINI

Honey mustard-marinated grilled chicken, American cheddar cheese, mustard, mayonnaise, caramelized onion.

TUNA MELT PANINI (1300 Cal.) 42 | OF TO

Tuna, celery, onion, lemon zest, American cheddar cheese, mayo.

NASHVILLE HOT CHICKEN (1430 Cal.) 48 | $\mathscr{E}\Box$ BURGER

Crispy fried chicken dipped in hot Nashville sauce, cucumber pickles, Cheetos, lettuce, coleslaw, herb mayo.

THE DOPE BURGER (1450 Cal.)

58 | ₩ 🗐 🥱

48 | 0# 🗐

yo,

Angus beef patty, caramelized onion, herb mayo, American white cheese, dipped in mushroom sauce.

MEXICAN GRILLED CHICKEN (1080 Cal.) 46 | ⊮∃ BURGER

Grilled chicken breast, red cabbage slaw, creamy corn, guacamole, jalapeño mayo, Lollo Bionda.

BULGOGI KIMCHI BEEF BURGER (515 Cal.) 58 | 0 & 🗎

Wagyu beef, bulgogi sauce, sharp cheddar cheese, kimchi pickle, grilled onion, Lollo Bionda, fried wonton.

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PASTAS & RISOTTO

CAJUN CREAM CHEESE PASTA

TUSCAN CHICKEN PASTA (1080 Cal.) 52 | & 🗐

Creamy blend of tomato & béchamel sauce with grilled chicken breast, baby spinach & sun-dried tomato.

ORECCHIETTE SPOSA MI (558 Cal.) 56 & © © © © © © Creamy, rich "Marry Me" sauce, shrimp, clam, baby squid, mussels, parmesan cheese.

AGLIO OLIO PEPPERCINO (630 Cal.) 42 | & 🗐

Pasta tossed in olive oil, garlic, chili flakes, and parsley.

BURNT GARLIC SALMON (1150 Cal.) 70 | # 🖹 🖘 Grilled Norwegian salmon with burnt garlic cheese sauce.

ITALIAN MEATBALL PASTA (760 Cal.) 54 | # 🗐

San Marzano tomato sauce, Italian beef sausage, Italian meatballs, Pecorino Romano.

ALFREDO AL FUNGI (1170 Cal.) 54 | & 🗎 😘

Creamy Alfredo sauce with sautéed mushrooms & grilled chicken breast.

RIGATONI ALLA PICCANTE (572 Cal.) 56 | # 🖹 🕸

Smoky-flavored creamy tomato sauce, cooking cream, shrimp, beef chorizo, parmesan cheese.

PINK SAUCE PASTA (1060 Cal.) 54 | **ℰ**∃

A blend of tomato and cream sauce to perfection, tossed with grilled chicken.

CAJUN CREAM CHEESE (1140 Cal.) 54 | # 🖹 PASTA

Cajun spice and grilled chicken breast mixed with a heavy creamy sauce and Parmesan cheese.

CREAMY BASIL PESTO PASTA (1190 Cal.) 56 | # 🗒 🕲

Nut-free basil pesto tossed with grilled shrimp, cream, and Parmesan cheese.

SALMONE IN VELLUTO (548 Cal.) VERDE

70 | 🖋 🖹 🗘

A blend of creamy spinach, Alfredo sauce, smoked paprika salmon, and Parmesan cheese.

Sea Bass / Chicken

SAFFRON PEAS RISOTTO (1440 / 1200 Cal.) **65** / **57** | &

Saffron and peas risotto, Parmesan cheese, butter, and cream.
Choice of: Grilled sea bass / Grilled chicken.

Choose your own Pasta:
Penne/ Orecchiette/ Rigatoni / Spaghetti
/Tagliatelle/Gnocchi

8 Aed Per Add-Ons: Parmesan Cheese/Cheddar Cheese/ Mozzarella Cheese / Grilled Chicken Breast/ Shredded Beef / Shrimp / Beef Bacon

5 Aed Per Add-Ons: Extra Sauce / Extra Focaccia Bread / Broccoli / Black Olives / Mushroom















MAINS

STEAK AU POIVRE (1410 Cal.)

Ribeye steak, creamy cashew sauce, mashed potatoes. Shrimp / Chicken

THAI YELLOW CURRY(980 Cal.) 55 / 48 **2**

Choice of chicken or shrimp, yellow curry, coconut milk, courgettes, potatoes, eggplant, jasmine rice. (Chicken / Shrimp)

CHICKEN MILANESE (1080 Cal.) 52 Hand-breaded fried chicken, mushroom spaghetti.

GRILLED NORWEGIAN (760 Cal.) 76 | # 🖹 🗘 🕆 **SALMON**

Grilled salmon, grilled veggies, mashed potato, caponata sauce, pesto sauce.

TERIYAKI CHICKEN (590 Cal.) NOODLES

Grilled chicken basted with teriyaki sauce, served with Asian noodles.

BURNT END RICE (1650 Cal.) **58** | ○ **□ @** *o* **BOWL**

Burnt-end smoked brisket, Korean-style egg fried rice, arugula leaves, papaya salad, onion pickle, buttered broccoli, edamame.

BOKKEUMBAP (1120 Cal.) 52 | 0 # 1 00

Fried rice, chicken wings, fried chicken, prawn crackers, fried eaa, Asian slaw.

FRIED CHICKEN & (1880 Cal.) 56 | # 🗐 RICE

Deep-fried breaded chicken, jasmine rice, coleslaw, house gravy.

BRAISED LAMB (1820 Cal.) SHANK

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Slow-braised lamb shank with gravy & steamed broccoli.

Choice of - jasmine rice / Asian noodles / mashed potato.

BRAISED SHORT RIB (1350 Cal.) 82 | & a a

Slow-braised short rib, au jus & steamed broccoli. Choice of - jasmine rice / Asian noodles / mashed potato.

HOME STYLE FISH & (1710 Cal.) 58 | ○ # 🖹 🌣 ♡ **CHIPS**

Humour fillet, potato wedges, southern peas slaw & bang bang sauce. Allergen (fish, gluten, egg, legumes, dairy).

CHICKEN SOUVLAKI (840 Cal.) 50

Grilled chicken skewers, tzatziki sauce, Greek salad, pita bread.

SPICY MISO CHICKEN 55 | 000 4 4 **RAMEN** (652 Cal.)

Miso-based broth infused with Asian herbs, spices, and hint of chili heat, soft-boiled egg, pulled chicken breast, shiitake mushrooms, bonito flakes, crispy nori, and spring onion

CHICKEN KATSUDON (615 Cal.)

46 | 08460

Udon noodles served in a rich, savory dashi-based broth with soy sauce and a hint of sweetness, topped with crispy golden breaded chicken katsu, green onion, soft-boiled egg, sesame seeds, and a touch of chili flakes.

Shrimp / Chicken

THE GOCHUJANG NOODLES (590 Cal.) 50 / 48 | \@ \@ 0

Korean Gochuiana sauce, pan-fried noodles, bell peppers, onion, garlic, ginger, sesame seeds.

Choice of shrimp/chicken.

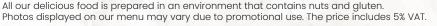
K-TOWN BEEF NOODLES (820 Cal.) **STIR-FRY**

Stir-fried beef, snow peas, bok choy, onion, garlic, ginger, mushroom, sesame seeds, K-Pop pepper sauce.

HOME STYLE FISH







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BEVERAGES

BLOOMS CREATION		SHAKES & SMOOTHIES		COLD COFFEE	
Green Blossom (60 Cal.) Chia Passion Spritzer (150 Cal.) Lemon Iced Tea (160 Cal.) Peach Ice Tea (160 Cal.) Cucumber Twist (409 Cal.) Magical Mist (387 Cal.)	25 25 22 25 25 25	Red Velvet Cheesecake Shake (830) Chocolate Fudge Shake (910 Cal.) Avocado Shake (890 Cal.) Mixed Berries & Chia Smoothie (43)	30 30	Iced Spanish Matcha (297 Cal.) Caramel Macchiato (318 Cal.) Iced Spanish Latte (330 Cal.) Golden Blooms Latte (310 Cal.)	24 26 24 26
Coolmelon Fizz (375 Cal.) Peach Paradise (363 Cal.)	25 25	FRESH BEAN COFFEE		SIGNATURE TEA	
Dark Citrus (367 Cal.) Lemonade (170 Cal.)	25 20	Espresso (Single/Double) (5 Cal.) Affogato (420 Cal.)	12 / 18 22	English Breakfast Earl Grey	18 18
Lemon Mint (170 Cal.) Orange (160 Cal.)	22	Americano (5 Cal.) Flat White (300 Cal.)	18 20	Gun Powder Supreme Whole Chamomile	18 18
Of ange (100 can.)	2-4	Café Latte (230 Cal.) Cappuccino (260 Cal.) Cortado (180 Cal.)	20 20 18	Moroccan Mint Tea MATCHA SPECIA	18
HYDRATION Water Still (500ml) 06		Hot Chocolate (240 Cal.) Café Mocha (340 Cal.) Turkish Coffee (110 Cal.)	20 20 18	Matcha Tea Matcha Latte (220 Cal.)	20
Sparkling (330ml)	12	Spanish Latte (330 Cal.)	20	Spanish Matcha (297 Cal.)	24

Add AED 4 for (ALMOND MILK OR SOYA MILK)





SANDWICH BOX

CHICKEN

Sunshine Sub

Hand Breaded Chicken with Spicy Maple Sauce

Savoury Stack

Spicy Chicken Tikka

Bombay Bad Boy

Crispy Fried Chicken Tossed with Sirgracha Sauce

Mayo Bros

Roasted Chicken Breast with Guacamole

Melt Eclat

Egg with Smoked Turkey & Cheese

Chick Mike

Peri Peri Chicken

Gyros Melt

Chicken Aromatic Spicy with Labneh

Bob Belly

Julianne Crisp Bread Chicken & Maple Island Sauce

Pesto Pit

Pesto Chicken

Croissant Club

Smoked Turkey with Jalapeño Mayo

Crunchy Chicken Ceaser

Crispy Fried Chicken Tossed with Creamy Ceaser

Bliz Bite

Philly Steak Chicken

Zinger Man

Crispy Chicken Parmigiana

Spicy Tex- Mex

Chicken Fajita

California Club

Grilled Chicken Breast Sundried Pesto

Fiesta Southwest

Chipotle Chicken

SEAFOOD.

Greek Goddess

Tuna with Greek Yogurt

Tango Spicy Tuna

Tuna Papaya Wrap

Coastel Catch

Frito Misto with Chilli Aioli

BEEF

Flergaburger

Beef Burger, BBQ Sauce

Bb Grub

Beef Scrambled with Pico De Gallo

Dagwood Hot

Smoked Barbacoa Beef

Jerry's Miller

Smoked Beef Brisket Aioli Sauce



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Pulled Beef with Comback Sauce

Blunch Man

Pulled Beef with Arugula, Chimichuri

Meat "N" Greet

Philly Steak Beef

Smokey Brisket Bahn Mi

Teriyaki Beef

Mediterranean Delight

Deli Roast Beef

Bistro Burger

Beef Patty, Chipotle Mayo, Fried Onion

Smoky Bacon Ranch

Egg, Bacon & Cheese

The Cortez

Braised Short Rib, With Spicy Aioli

BREAKFAST

Cheesy' Three

Grilled Cheese Tomato

Egg Nosh
Del Sole Egg

Gourmet Club

Carne Picada, Burito

0.116

California Club
Grilled Chicken Breast Sundried Pesto

Caprese Twist

Mozzarella Cheese with Basil Tomato

Garden Delight

Grilled Halloumi, Avocado Tomato

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